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POST-GRADUATE INSTITUTE OF BEHAVIOURAL & MEDICAL SCIENCES
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AFFILIATED TO PANDIT RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR,
RECOGNIZED BY REHABILITATION COUNCIL OF INDIA (RCI), NEW DELHI

Dated: 20.02.2025

Student Support Centre (SSC)

Post Graduate Institute of Behavioural & Medical Sciences, Raipur, CG

Vision & Mission

The Student Support Centre (SSC) at **Post Graduate Institute of Behavioural & Medical Sciences (PGIBAMS)** is committed to enhancing the emotional, psychological, and academic well-being of students. It aims to create a confidential, inclusive, and professionally supported space where students can seek help, resolve challenges, and build resilience throughout their academic journey.

Objectives

- To provide individual and group-based psychological support to students.
- To promote mental health awareness and reduce stigma within the student community.
- To help students develop skills to manage academic stress, anxiety, and personal concerns.
- To support students in building emotional resilience and interpersonal effectiveness.
- To collaborate with faculty and administrative units in creating a student-friendly campus.

SSC Committee – PGIBAMS, Raipur

The SSC Committee is composed of interdisciplinary faculty members providing oversight, guidance, and execution for the functioning of the Student Support Centre:

- **Dr. P. N. Shukla** – Chairman, PGIBAMS (Chairperson)
- **Dr. Sonal Shukla**- Consultant Psychiatrist & Director (Member)
- **Dr. Rituparn Shukla**-Director (Member)
- **Mr. Vikas Shukla**- Director (Administration)- (Member)
- **Dr. Manoj K. Pandey** – Professor & Head, Dept of Clinical Psychology (Convenor)
- **Mr Vinayak Maruwada Rao**-Head, Account Section,Officer In-Charge, Student Support Services (Coordinating Member)
- **Prof. J. Mahto** – Professor of Clinical Psychology (Member)
- **Prof. S. N. Sahu** – Professor of Psychiatric Social Work (Member)
- **Mrs. Aditi Priya**-Assistant Professor of Clinical Psychology (Member)
- **Mr. Riju Rai Roy**-Assistant Professor of Clinical Psychology (Member)
- **Ms. Anwesa Purkait**- Assistant Professor of Clinical Psychology (Member)
- **Ms. Shreya Prakash** – Assistant Professor of Clinical Psychology (Member Secretary)
- **Mrs. Prabha Mishra**- Assistant Professor of Clinical Psychology (Member and Student Counsellor)
- **Mr. Sanjeev Yadav**- Officer, Record Section (Member)

Services Offered

- Individual counseling for emotional, interpersonal, and academic concerns.
- Group therapy and peer-led mental health support sessions.
- Support for technology and substance-related addiction.
- Referral to psychiatric, medical, or community-based services when required.
- Prevention and awareness programs on ragging, including sensitization workshops, policy dissemination, and coordination with the Institutional Anti-Ragging Committee.

Confidentiality & Access

- Services are available free of cost to all PGIBAMS students.
- All discussions remain confidential and are not shared with faculty or administration without consent.
- No therapy records are linked to academic files or performance reports.
- Students may access services voluntarily or upon suggestion from faculty.
- Student Support Centre services are not emergency services.

Frequently Asked Questions (FAQs)

Q: Is there a charge for SSC services?

A: No. All services provided by SSC are free of cost to students.

Q: Are my sessions confidential?

A: Yes. Information is kept private and shared only with your permission.

Q: Can I select the counselor I want to talk to?

A: Yes, depending on availability. We encourage comfort and compatibility.

Q: Will therapy affect my academic performance records?

A: No. Therapy participation is not linked to your academic profile.

Q: Can I bring a friend who needs help?

A: Yes. Friends and peers are welcome to initiate support together.

Contact Information

Email: ssc@pgibams.ac.in

Helpline: 0771-4223368

Location: Department of Clinical Psychology, PGIBAMS Campus, Raipur,
Chhattisgarh, and PGIBAMS Campus, Mana Basti

Operating Hours: Monday to Friday (Working day) 10:00 AM – 4:00 PM



Dr. P. N. Shukla

Chairman, Post Graduate Institute of Behavioural & Medical Sciences, Raipur

DIRECTOR
POST-GRADUATE INSTITUTE OF
BEHAVIOURAL & MEDICAL SCIENCES